

Did you know?!

If you click on an underlined item, you will go to the corresponding page or an external website

We partnered with Loop to divert more food from local stores to our clients

We had 480 hours of time donated by our fabulous volunteers in 2020

THE GOLDEN FOOD BANK

Welcome to our newsletter! Thank you for being invested in learning how we are working towards local solutions to food security. This newsletter will be released on a quarterly basis to update the community on our projects, partnerships and events, and will highlight a valued member of our team. In this issue we feature our relocation, present and current collaborations with food related organizations and, Eddie Liegan's contribution to our Food Recovery Program.

We're Moving!



After learning that we are the only Food Bank in the Columbia Basin that “pays full market price for rent and utilities without the support of a partner agency”, the Town of Golden graciously stepped up to provide us with an annual grant to support our operational overhead. In lieu of this support, we have received word that our proposal to take over the operation of the currently vacant College of the Rockies House was unanimously supported by Town Council. We officially signed our new lease on March 22, 2021!

Renovations to make the building and site suit our needs will begin in April. We are thrilled with the volume of support and services that have been offered to make this relocation happen. We are looking for volunteers to give their time, lend their moving trailers or share their expertise. If you are interested in being a part of the big move or would like to provide a donation towards the project, please connect with us via email at projects@goldenfoodbank.ca

Cast Your Vote

We need a name for our new location and would love your input. Please text your favorite name from the list below to 250 344 2113. Polls are open for the month of April.

1. The Green House
2. The Food Connection
3. The Living Room
4. The Garden
5. Home Grown



Roots of our Relationships

Secured Roots

Every Monday (2:30 - 5:00 p.m.) and Wednesday (9:30 - 12:00 p.m.) we provide food hampers to people in Golden & Area A. A food hamper consist of approximately 2 weeks worth of groceries for one person and is valued at \$160. In 2020, 14% were first time clients of the Food Bank which could be attributed to lack of seasonal job opportunities, reduced government subsidies and the global pandemic.

New Roots

We partnered with BroSis Society (Kicking Horse Mountain ski patrollers) and Golden and District Search & Rescue to provide access to food through our Food Hamper Program for injured staff & volunteers who otherwise cannot access disability supports through their workplace.

A & W now offers a Meal Share program that supports youth in our community. Every Monday when you purchase a Cheddar Bacon Uncle Burger Combo or when you add \$1 to any meal any day of the week, A&W will provide a meal to a youth in need in our community!

Drew "The Delivery Boy" has helped us increase access to our services by delivering food hampers to clients who need it. Thanks Drew!

Old Roots, New Branches

We are collaborating with Local Food Matters, The Rotary Club & The Metis Nation Columbia River Society to implement community & learning gardens at our new location. Stay tuned for more details in Issue #2. If you want to get involved now email projects@goldenfoodbank.ca



Thanks to local artist Kaliegh Boyce for this beautiful art piece pictured left

Check out her new 'Zine - Flowsha, The Golden Beav's Edition at Darkside or Bacchus Books to see more of her work. This edition features adventure, art & authentic stories from a collective of women in Golden, B.C.

Delivery Driver - Food Recovery Program

Our Partnership

Dropping 110 kilograms of recovered food to the Golden Food Bank is an “easy day,” according to Eddie Leigan. Leigan is contracted to pick up and deliver recovered food that is not fit for sale due to torn packaging or seasonal branding, but fit for human consumption through our partnership with Loop Resource. Local food waste is contributing to larger scale global issues like climate change and Leigan is doing his part to support local solutions.

Why Food Recovery?

Over a decade ago we recognized the opportunity to stream quality but unsaleable food from local grocery stores into the hands of community members who need it. The question was, ‘how do we reliably get the food from the store to the Food Bank?’ Enter Eddie and voila - crisis averted. He collects weekly, choosing the best quality food to meet the Food Bank’s needs. Generally, any food we leave behind is not fit for human consumption, and instead is given to local farmers for animal feed who are registered to the Loop program. Email Jamie White for more information, and to sign up!

Leigan wonders what barriers exist to getting more local food businesses donating their recovered food to the Golden Food Bank: costs? delivery? liability concerns?

Did you know?

In 1997, the federal government passed the Food Donor Encouragement Act 6 (FDEA) which provides protection to food donors, and those distributing donated food, from liability for damages from injuries or death caused by consuming donated food. To further reduce any risks associated with food related illnesses, our staff and volunteers complete a Food Safe certification.

What's the impact?

According to the metric system created by Food Banks Canada that categorizes then calculates food by price per kilogram, we diverted \$136,857.86 from Golden's landfill in 2020.

Thanks Eddie - you're kind of a big 'dill' around here.



How You Can Help!

Donate

Give \$25/month to receive a handmade "I Support Golden" patch.

Visit www.goldenfoodbank.ca to donate

Thank you to local artist Martha Fowlie-Neufeld for the design! They are the size of business card & can be ironed on anywhere.



Volunteer

Email your availability and how you'd like to help to projects@goldenfoodbank.ca

Share your voice

Attend our annual general meeting on May 19th, 2021 at 6:15 PM MST.

[Sign up here](#)

Stay Informed

Why? To learn how we are contributing to local food security solutions, gardening tips, opportunities for food related workshops and much more!

How? Go to www.goldenfoodbank.ca/newsletter

At any time if you wish to unsubscribe to our newsletter, click [here](#)